

# 2024 Heron Watch in Golden Gate Park

Six Saturdays during the Spring Nesting Season in April and May  
April 13, 20, 27 and May 4, 11, 18 – From 10:00 AM to 1:00 PM

– A Free Birding Observation Program –



Helene Sobol

## Observe and Learn About The Great Blue Herons

Since 1993, 297 chicks have learned to fly at the Lake. Volunteers will use spotting scopes and direct attention to the Great Blue Herons and chicks, explain their behavior, and answer questions during this free program at the Observation Site (around the corner from the Boathouse.)

Field trips for adults and families leave from Blue Heron Lake (formerly Stow Lake) Observation Site every Saturday for adults and families at 10:00 AM sharp and return at noon. All participants must register 2 days in advance (Thursday before) and wait for confirmation email. Binoculars will be loaned to all as available. Field journals are free for children 4-12.

## Field Trip Details

Naturalists carry spotting scopes and lead walks on gently sloping trails around Blue Heron Lake and Strawberry Island.

- Adults \$15, teenagers \$10, children 4-12 \$5.
- Register at least 2 days in advance.

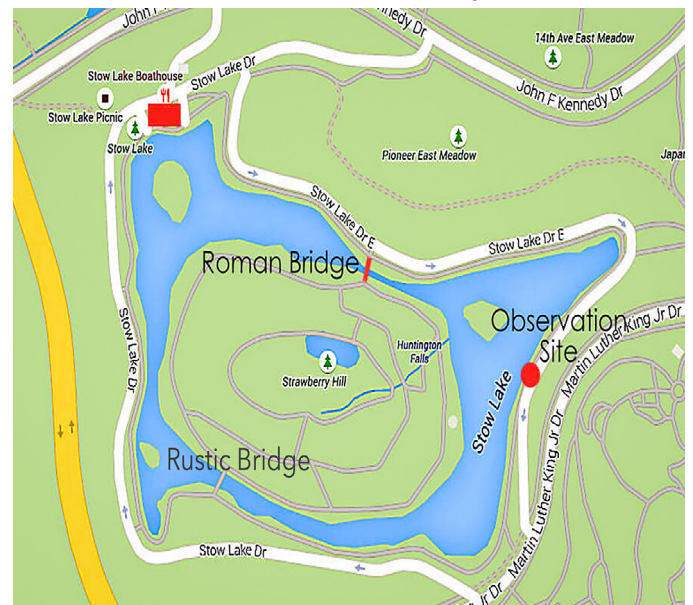
Adult Members are free, but must register at [info@sfnature.org](mailto:info@sfnature.org), others prepay at [www.sfnature.org](http://www.sfnature.org).

Please enter date of field trip with payment.

- Bring water/snack/pencils/binoculars.

*Thank you for your donation!*

## Blue Heron Lake (formerly Stow Lake)



## San Francisco Nature Education

For more information about the programs:

[SfNature.org/Heron-Watch](http://SfNature.org/Heron-Watch) email [info@sfnature.org](mailto:info@sfnature.org) phone 415-205-0776

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